

# HOSPITAL BAG checklist

MOM	LAST MINUTE ITEMS	BABY
<ul style="list-style-type: none"> <li><input type="checkbox"/> Loose clothing (2)</li> <li><input type="checkbox"/> Nursing pajamas (2)</li> <li><input type="checkbox"/> Robe</li> <li><input type="checkbox"/> Sandals</li> <li><input type="checkbox"/> Non-slip socks</li> <li><input type="checkbox"/> Slippers</li> <li><input type="checkbox"/> Nursing bra (2)</li> <li><input type="checkbox"/> Nursing tank top (2)</li> <li><input type="checkbox"/> Light jacket</li> <li><input type="checkbox"/> Maternity pants</li> <li><input type="checkbox"/> Postpartum underwear</li> <li><input type="checkbox"/> Snacks</li> <li><input type="checkbox"/> Water tumbler (with straw)</li> <li><input type="checkbox"/> Nipple cream</li> <li><input type="checkbox"/> Nursing pillow</li> <li><input type="checkbox"/> Hair ties</li> <li><input type="checkbox"/> Toiletries</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Tooth brushes</li> <li><input type="checkbox"/> Tooth paste</li> <li><input type="checkbox"/> Deodorant</li> <li><input type="checkbox"/> Shampoo/conditioner</li> <li><input type="checkbox"/> Body Wash</li> <li><input type="checkbox"/> Skincare essentials</li> <li><input type="checkbox"/> Lip balm</li> <li><input type="checkbox"/> Makeup wipes</li> <li><input type="checkbox"/> Makeup</li> <li><input type="checkbox"/> Hair brush</li> <li><input type="checkbox"/> Glasses</li> <li><input type="checkbox"/> Contact solution</li> <li><input type="checkbox"/> Contacts case</li> <li><input type="checkbox"/> Pillows</li> <li><input type="checkbox"/> Blankets</li> <li><input type="checkbox"/> Long phone chargers</li> <li><input type="checkbox"/> Medications/vitamins</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Car seat</li> <li><input type="checkbox"/> Swaddle</li> <li><input type="checkbox"/> Receiving blanket</li> <li><input type="checkbox"/> Socks/mittens</li> <li><input type="checkbox"/> Bow/hat</li> <li><input type="checkbox"/> Footies (2)</li> <li><input type="checkbox"/> Going home outfit</li> <li><input type="checkbox"/> White noise machine</li> <li><input type="checkbox"/> Name sign/photo props</li> <li><input type="checkbox"/> Pacifier (optional)</li> <li><input type="checkbox"/> Baby book (optional)</li> </ul>
DAD	LABOR SUPPORT	IMPORTANT
<ul style="list-style-type: none"> <li><input type="checkbox"/> Comfortable clothing (2)</li> <li><input type="checkbox"/> Pajamas (2)</li> <li><input type="checkbox"/> Socks</li> <li><input type="checkbox"/> Sweatshirt</li> <li><input type="checkbox"/> Cash</li> <li><input type="checkbox"/> Snacks/Water</li> <li><input type="checkbox"/> Entertainment (book, iPad)</li> <li><input type="checkbox"/> Toiletries</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Bluetooth speaker</li> <li><input type="checkbox"/> Diffuser</li> <li><input type="checkbox"/> Essential oils</li> <li><input type="checkbox"/> Mini travel fan</li> <li><input type="checkbox"/> Affirmation cards</li> <li><input type="checkbox"/> Ear buds</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Driver's license</li> <li><input type="checkbox"/> Insurance</li> <li><input type="checkbox"/> Birth Plan</li> <li><input type="checkbox"/> Paperwork</li> </ul>

## NOTES